



Memphis
Brooks
Museum
of Art

ART & WELLNESS

MOTIVATION & ACCOMPLISHMENT



FRI., JANUARY 25, 1-3 p.m.
OR
SUN., FEBRUARY 3, 2-4 p.m.

Open to the public (18 & up)
\$10 / \$5 Brooks Membership
Pre-registration required

To register, please visit the
Art Therapy Access Program website:
[brooksmuseum.org/
art-therapy-access-program](http://brooksmuseum.org/art-therapy-access-program)

Questions?
Call 901 544 6246 or e-mail
kathy.dumlao@brooksmuseum.org

The Memphis Brooks Museum of Art invites you to explore a variety of wellness topics through gallery discussions and art-making with our art therapist, Paige Scheinberg, MS, ATR-BC. Experience personal growth, understanding, and transformation as you create and view our collection and exhibitions in a new way – or for the first time!

UPCOMING OFFERINGS
MINDFULNESS & SAVORING
FRI., MARCH 29 @ 1 p.m OR
SUN., APRIL 7 @ 2 p.m.

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